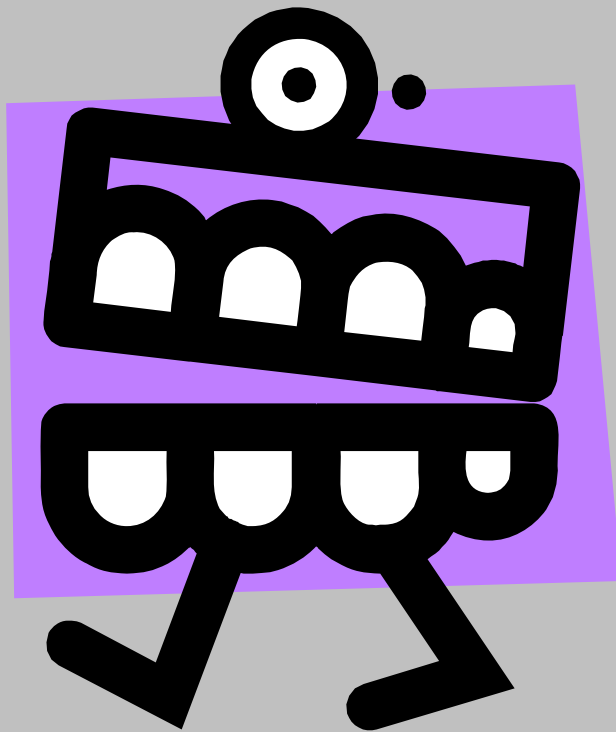


**BOOKS AND ACTIVITIES FOR
YOUNG CHILDREN ABOUT
ORAL HEALTH**



**Region 1 Forum on Head Start and Oral Health
June 2004**

Books and Activities for Young Children about Oral Health ¹

Fiction

Young Cam Jansen and the Lost Tooth. Davis A. Adler, Natti, S. Viking, 1997.

Harry McNairy, Tooth Fairy. Ann Fitzpatrick Alper, Taylor, B. Albert Whitman, 1998.

The Night the Tooth Fairy Came. Ziva Z. Azhdam, Burrier, M. Avnner. Publishers, 2002.

Little Rabbit's Loose Tooth. Lucy Bate, de Groat, D. Dragonfly, 1988.

Airmail to the Moon. Tom Birdseye, Grammel, S. Holiday, 1998.

Franklin and the Tooth Fairy. Paulette Bourgeois, Clark B. Scholastic, 1996.

Tooth Tales from Around the World. Marlene Targ Brill, Krenina, K. Charlesbridge, 1998.

Arthur's Tooth. Marc Brown. Little Brown, 1985.

Arthur Tricks the Tooth Fairy. Marc Brown. Random House, 1998.

No Tooth, No Quarter!. Jon Buller, Schade, S. Random House, 1989.

Trouble on the T-Ball Team. Eve Bunting, Trivas, I. Clarion, 1997.

Pulling My Leg. Jo Carson, Downing, J. Orchard, 1990.

A Tooth Fairy's Tale. David Christiana. Farrar; 1994.

Going to the Dentist. Anne Civard, Cartwright, S. Usborne Books, 2001.

Grandpa's Teeth. Rod Clement. Trophy, 1998.

The Tooth Fairy. Peter Collington. Alfred Knopf, 1995.

¹ Adapted and developed by Steve Shuman, Health Specialist, Region 1 Head Start Quality Initiative from the following sources;

Children's Literature about Health Safety and Nutrition compiled by Melissa Ann Renck and Mary Renck Jalongo published in *Beyond The Journal*, Young Children on the Web, National Association for the Education of Young Children, March 2004

Primary Smiles compiled by Judith A. Feinstein, Maine Bureau of Health, Division of Community Health, Oral Health Program, September, 2002.

NOTE: ^{AA} indicates books that illustrate an African American experience. English-language books also available in Spanish are identified with an ^{Sp} and those also available in Portuguese with a ^P.

Thank you to Consuelo Aceves, Region 1 Early Literacy Specialist for her tireless assistance identifying these and other non-English language resources.

Mabel the Tooth Fairy and How She Got Her Job. Katie Davis. Harcourt, Brace, and Co. 2003.

Bill and Pete. Tomie de Paola. Putnam Juvenile, 1978.

Dear Tooth Fairy. Alan Durant, Cabban, V. Candlewick Press, 2004.

The Mixed Up Tooth Fairy. Keith Faulkner, Lambert, J. Scholastic. 2002.

Midnight Magic. Amy Gordon, Clifford. J. Troll, 1997.

The Whole Tooth Fairy Thing's Nothing but a Big Rip Off!. Lois G. Grambling, Thomas, P. Marshall Cavendish, 2002.

Tooth Fairy Kirsten Hall, Apperly, D. Scholastic, 2004.

Arthur's Loose Tooth. Lillian Hoban. Harper Collins, 1985.

A Quarter from the Tooth Fairy. Caren Holtzman, Day, B. Scholastic, 1995.

Jane vs. the Tooth Fairy. Betsy Jay, Osiecki, L. Rising Moon, 2000.

Lost Tooth Club. Arden Johnson. Tricycle Press, 1998.

Make Way for Tooth Decay. Bobbi Katz, Bjorkman, S. Scholastic, 2002.

The Real Tooth Fairy. Marilyn Kaye, Cogancherry, H. Harcourt, 1990.

My Loose Tooth. Stephen Krensky, Takahashi, H. Random House, 1999.

Trevor's Wiggly-Wobbly Tooth. Lester L. Laminack, Garry McCord, K. Peachtree, 1998.

Little Bear Brushes His Teeth. Jutta Langreuter, Sobat, V. Millbrook Press, 1997.

Science Fair Bunnies. Kathryn Lasky, Hafner, M. Candlewick, 2000.

Zack at the Dentist. Jonathan London, Medoff, J. Scholastic, 2000.

What Do The Tooth Fairies Do With All Those Teeth? Michel Luppens, Beha, P. Firefly, 1996.

My Tooth Is About to Fall Out. Grace Maccarone, Lewin, B. Scholastic, 1995.

Cousin Ruth's Tooth. Amy MacDonald, Priceman, M. Houghton, 1996.

Just Going to the Dentist. Mercer Mayer. Golden Books, 1990.

Brush Your Teeth Please: A Pop-Up Book. Leslie McGuire, Pidgeon, J. Reader's Digest Children's Publishing, 1993.

Fluffy Meets the Tooth Fairy. Kate McMullan, Smith, M. Scholastic, 2002.

Bear's Toothache. David McPhail. Little Brown, 1988.

Dear Tooth Fairy: The True Story of How the Tooth Fairy Came to Be, Vol. 1. Kath Mellentin, Wood, T, Thatcher, F. Simon and Schuster, 1997.

Tabitha's Terrifically Tough Tooth. Charlotte Middleton. Dial, 2001.

Wibble Wobble Miriam Moss, Mockler, J. M.E. Media, LLC, 2001.

Andrew's loose tooth. Robert Munsch, Martchenko, M. Scholastic., 2002.

Dear Tooth Fairy, Vol. 2. Jane O'Connor, Allen, J. Grosset and Dunlap, 2002.

Nice Try, Tooth Fairy. Mary W. Olson, Tillotson, K. Simon & Schuster, 2000.

The Story of the Tooth Fairy. Tom Paxton, Sauber R. HarperCollins, 1996.

The Tooth Fairy. Michael Rex. Scholastic, 2003.

Vera Goes to the Dentist. Vera Rosenberry. Henry Holt, 2002.

I Know Why I Brush My Teeth. Kate Rowan, Mc Ewen, K. Candlewick, 1999.

JoJo and Winnie Again: More Sister Stories. Marilyn Sachs, Johnson, M. Dutton, 2000.

Molly at the Dentist. Angie Sage. Peachtree Publishers, 2001.

Open Wide: A Visit to the Dentist. Cecile Schoberle, Goldberg, B. Simon and Schuster, 1999.

The Tooth Book. Dr. Seuss (writing as Theo. LeSieg), Mathieu, J. Random House, 2003.

My Tooth Is Loose!. Martin Silverman, Aiken, A. Puffin, 1994.

Rotten Teeth. Laura Simms. Houghton, 1998.

Madlenka. Peter Sis. Farrar, Straus, and Giroux, 2000.

Freddie Visits the Dentist. Nicola Smee, Barron's Educational Series, 2000.

Dr. DeSoto. William Steig. Farrar, Straus, and Giroux, 1990.^{Sp. P.}

Clarabella's Teeth. An Vrombault. Houghton, 2003.

I Lost My Tooth. Hans Wilhelm. Scholastic, 1998.^{Sp.}

Dave and the Tooth Fairy. Verna Allette Wilkins, Hunt, P. Gareth Steven Audio, 1998.^{AA}

Albert's Impossible Toothache Barbara Williams, Cushman, D. Candlewick Press, 2003.

Tooth Fairy. Audrey Wood. Child's Play International, 1990.

Presto Change-O and Tooth Fairy. Audrey Wood. Child's Play International, 1999.

Nonfiction

Brush Well: A Look at Dental Care. Katie S. Bagley, Gagliardi, L. Capstone Press, 2001.

Throw Your Tooth on the Roof: Tooth Traditions from around the World. Shelby B. Beeler, Karas, G.B. Houghton, 1998.

Do Tarantula's Have Teeth?. Melvin and Gilda Berger. Scholastic, 2000.

George Washington's Teeth. Deborah Chandra. Farrar, 2003.

Brushing Well. Helen Frost. Capstone Press, 1999.

Food for Healthy Teeth. Helen Frost. Capstone Press, 1999.

Going to the Dentist. Helen Frost. Capstone Press, 1999.

Your Teeth. Helen Frost. Capstone Press, 1999.

Tooth Truth: Fun Facts and Projects. Jennifer Storey Gillis, Delmonte, P. Storey Books, 1996.

Visiting the Tooth Doctor. Steven L. Haas. Wright and Co. 1998.

Open Wide: Tooth School Inside. Laura Keller. Henry Holt, 2000.

When I See My Dentist. Susan Kuklin. Simon and Schuster, 1988.

Tooth Fairy Tells All. Cynthia Copeland Lewis. Millbrook Press, 2002.

Staying Healthy: Dental Care. Alice B. McGinty. Scholastic, 1999.

Mouths and Teeth. Elizabeth Miles. Heinemann, 2002.

What to Expect When You Go To the Dentist. Heidi Murkoff, Rader, L. Harper Collins Children's Books, 2002.

Those Icky Sticky Smelly Cavity-Causing, But Invisible Germs. Judith Anne Rice, Stricklin, J. Redleaf Press, 1997. ^{Sp.}

How Many Teeth?. Paul Showers, Kelley, T. Harper Collins Children's Books, 1991. ^{Sp.}

Tooth Decay and Cavities. Alvin Silverstein, Silverstein, V, Nunn, L. Scholastic, 2000.

Toothpaste from Start to Finish. Tanya Lee Stone, Brady, J. Blackbirch, 2001.

The Dentist and You. Diane Swanson, Lipka-Sztarballo, K. Annick Press, Ltd., 2002

Libros en Español para Niños /Books in Spanish for Children

Fiction

Doctor de Soto. William Steig. Farrar, Straus, 1997.

¡Se me cayó un diente! (I Lost My Tooth). Hans Wilhelm, Scholastic, 1999.

Non-fiction

¿Cuántos dientes tienes,? (How Many Teeth Do You Have?) Paul Showers, Scholastic, 1995.

Dentistas, (Dentists). Dee Ready, Capstone Press, 1998.

Esos sucios pegajosos olorosos causantes de caries pero...Invisibles germanes. Judith Anne Rice, Stricklin, J. Redleaf Press, 1997.

Á lavarse los dientes! (Brushing My Teeth). Elizabeth Vogel, Rosen Publishing, 2004.

Livros em Português para Crianças/Books in Portuguese for Children

Fiction/

Doctor De Soto-O-Rato (Dr. De Soto), William Steig, Nova Fronteira, 1997.

Activities

1. Share poems about teeth and/or invite children to create a classroom book of their own tooth poems.
 - “I Lost My Tooth in My Doughnut”. from *Mrs. Cole on an Onion Roll and Other School Poems*. Kalli Dakos. Simon and Schuster, 1995.
 - “This Tooth”. from *More Surprises*. Lee Bennett Hopkins. Harper Collins Children’s Books, 1987.
 - “I Lost My Tooth” from *Lunch Box Mail and Other Poems*. Jenny Whitehead. Henry Holt, 2001.
 - *The Night Before the Tooth Fairy*. Natasha Wing, Barbara Johnson Newman, illustrator. Grosset and Dunlap, 2003.
2. Ask the class to come up with an original tradition to celebrate losing a tooth.
3. Make a chart of the positive and negative things about being a dentist or dental hygienist.
4. Read about and/or research various dental professionals and what their jobs involve.
5. Take a field trip to a dental office or have a dentist or dental hygienist visit the classroom. Follow up by seeing whether opinions of the professions have changed.
6. Develop a classroom experiment of science project related to oral health.
7. Each month, use the data of teeth lost by children or their siblings in the classroom to make a different type of graph. (i.e.; break down the number of teeth lost by boys versus girls; track how it takes permanent replacement teeth to grow in).
8. Collect teeth from humans and other mammals from families, dentists, and veterinarians. Place them on a table with magnifying glasses, paper and drawing materials.
9. Take close-up photographs of each of the children’s smiles. Post the pictures in a place where the class can guess whose smile is whose.